



## Young Adult Mental Health Worker Training Program

### Objectives

- Increase the number of trained young adult mental health workers to assist with community mental health programs in underserved communities
- Support and promote the Young Adult Mental Health Worker field
- Promote mental health education and mental health literacy
- Assist trained Young Adult Mental Health Workers with the design and implementation of community-based mental health initiatives
- Provide health monitoring and health literacy activities to underserved communities

During the Young Adult Mental Health Worker program, students undergo a 6-month training utilizing the Morehouse School of Medicine Digital Learning Curriculum. The training includes a combination of virtual shadowing experiences, self-guided and facilitated curriculum activities,

and interactive virtual sessions led by medical and public health professionals. Upon successfully completing program requirements, students receive a certificate of completion.

**Competencies**

Role of MHW	Public Health & Bioethics	Cultural Competency
Insurance Navigation	Confidentiality & Privacy	Community Assessment
Community Mental Health	HIPPA & SBE Training	Integrative Health
Social Determinants	Public Speaking	Chronic Disease
Barriers to Compliance	Motivational Interviewing	Advocacy
Case Management	Mental Health Monitoring	Nutrition

**Eligibility**

Participants between the ages of 16-24 years old.

The program includes online

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